



Abundant Life Counseling St. Louis LLC

Julie Williamson, LPC, NCC, RPT  
1034 S. Brentwood Blvd., Richmond Heights, MO 63117  
(314) 392-2895  
abundantlifecounselingstl@gmail.com

**Client Information**

Date: \_\_\_\_\_

**CHILD'S NAME:** \_\_\_\_\_ **NICKNAME:** \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender:  Female  Male  Transgender

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Child's School: \_\_\_\_\_ Grade: \_\_\_\_\_

**PARENT'S NAME:** \_\_\_\_\_

Preferred Phone number: \_\_\_\_\_  Home  Cell  Work

Email address: \_\_\_\_\_

Address: ( Same as above) \_\_\_\_\_

Relation to Child:  Mother  Father  Grandma  Grandpa  Aunt  Uncle  Other: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Occupation: \_\_\_\_\_

Unemployed  Full-Time Parent  Employed Part-Time  Employed Full-Time

Highest Education Level: \_\_\_\_\_

Military Service Branch: \_\_\_\_\_ Dates of Service: \_\_\_\_\_ Highest Rank: \_\_\_\_\_

Race:  Caucasian  African American  Hispanic  Asian American  Other: \_\_\_\_\_

Religion/Church Affiliation:  Jewish  Catholic  Protestant  None  Other: \_\_\_\_\_

Primary Place of Worship/Church Home: \_\_\_\_\_

**PARENT'S NAME:** \_\_\_\_\_

Preferred Phone number: \_\_\_\_\_ Home Cell Work

Email address: \_\_\_\_\_

Address: ( Same as above) \_\_\_\_\_

Relation to Child:  Mother  Father  Grandma  Grandpa  Aunt  Uncle  Other: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Occupation: \_\_\_\_\_

Unemployed  Full-Time Parent  Employed Part-Time  Employed Full-Time

Highest Education Level: \_\_\_\_\_

Military Service Branch: \_\_\_\_\_ Dates of Service: \_\_\_\_\_ Highest Rank: \_\_\_\_\_

Race:  Caucasian  African American  Hispanic  Asian American  Other: \_\_\_\_\_

Religion/Church Affiliation:  Jewish  Catholic  Protestant  None  Other: \_\_\_\_\_

Primary Place of Worship/Church Home: \_\_\_\_\_

**Parent Marital Status:**

Married (\_\_\_\_\_ mos/years)  Living Together Without Marriage (\_\_\_\_\_ mos/years)

Never Married  Widowed (\_\_\_\_\_ mos/years)  Engaged

Divorced/Separated (\_\_\_\_\_ mos/years)

Legal Custody:  Mother/Father  Mother  Father  Other: \_\_\_\_\_

Physical Custody:  Mother/Father  Mother  Father  Other: \_\_\_\_\_

Parenting Plan:  N/A \_\_\_\_\_

**OTHERS IN THE HOME:**

Name	Age	Relation to Child
_____	_____	_____
_____	_____	_____
_____	_____	_____

---

TOTAL NUMBER IN HOUSEHOLD: \_\_\_\_\_

Primary Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of last physical exam: \_\_\_\_\_

Psychiatrist: \_\_\_\_\_ Phone: \_\_\_\_\_

IN CASE OF EMERGENCY CONTACT:

Name: \_\_\_\_\_ Preferred Number: \_\_\_\_\_

How did you hear about Abundant Life Counseling St. Louis and/or Julie Williamson, LPC, RPT?

---

May I send that person/organization a thank-you note for referring you?  Yes  No

What are your current concerns? \_\_\_\_\_

---

Why have you sought treatment for your child now? \_\_\_\_\_

---

What are your expectations for treatment? \_\_\_\_\_

---

Have you previously sought counseling for these and/or other concerns?  Yes  No

Therapist \_\_\_\_\_ Profession \_\_\_\_\_ Dates: \_\_\_\_\_

Therapist \_\_\_\_\_ Profession \_\_\_\_\_ Dates: \_\_\_\_\_

How satisfactory was your experience(s)? \_\_\_\_\_

---

Is your child presently working with any other Counselor or Psychologist?  Yes  No

For what reason? \_\_\_\_\_ Therapist: \_\_\_\_\_

Are you or your child involved in any other counseling or support group?

No

Yes – Group Name: \_\_\_\_\_ Leader: \_\_\_\_\_

Does your child currently have thoughts of harming him/herself or someone else?  Yes  No

**DEVELOPMENTAL HISTORY:**

Pregnancy: Planned?  Yes  No Complications: \_\_\_\_\_

Full Term?  Yes  No

While pregnant, use of:  Drugs  Alcohol  Tobacco  Medications

If yes, please describe:

Labor:  Normal  Induced  C-Section Birthplace/City: \_\_\_\_\_

Birth: Complications: \_\_\_\_\_

Required oxygen at birth  Jaundice  Colic  Allergies  Poor sucking ability  Poor weight gain

Milestones: Check any delays in the following milestones before age 7:

Rolling over  Speech  Sitting  Crawling  Walking  Toileting  Running  Feeding

Please explain any delays: \_\_\_\_\_

Early Childhood Problems: Check any difficulties with the following before age 7:

- Became easily frustrated
- Preferred structured routine
- Complained of physical pains
- Tried to control situations
- Nightmares
- Unusual fears
- Difficulty with impulse control
- Emotional sensitivity
- Difficulty following instructions or rules
- Bedwetting
- Aggression
- Needed to change activities frequently or do something that someone else was doing
- Difficulty forming relationships, making friends, or being accepted by peers
- Difficulty with organizational skills
- Immature social interests
- Need immediate gratification
- Difficulty taking turns with others
- Difficulty making friends
- Other: \_\_\_\_\_

**MENTAL HEALTH HISTORY:** Has your child or a child's family member ever experienced or been diagnosed with the following?

	<b>Child</b>	<b>Family Member</b>	<b>This Person's Relation to Child?</b>
<b>Depression</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Anxiety</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Suicidal Thoughts and/or Actions</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Bipolar Disorder</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Alzheimer's</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Paranoia</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Learning Difficulties</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>ADHD</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Hallucinations/Delusions</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Eating Problems</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Behavior Problems</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Sleep Problems</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Alcohol Addiction</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Drug Addiction</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Other Addictions</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Physical Abuse</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Sexual Abuse</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Self-Harming Behavior</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Witness or Victim of Domestic Violence</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	

Any other mental health concerns you would like to mention? \_\_\_\_\_

\_\_\_\_\_

Please describe any sleep disturbances your child might be experiencing: \_\_\_\_\_

\_\_\_\_\_

Has your child ever been hospitalized for mental illness or substance abuse?  Yes  No

If yes, for what reason? \_\_\_\_\_

Dates of Treatment: \_\_\_\_\_

Treatment Center/Hospital Name: \_\_\_\_\_

Did your child continue with outpatient counseling?  Yes  No

Name of Counselor: \_\_\_\_\_

Has your child previously met with a psychiatrist?  Yes (please complete table below)  No

Psychiatrist's Name	Diagnoses Given	Dates of Treatment

**SUBSTANCE ABUSE/DEPENDENCE:**

Have you or your child ever used the following substances:

	<b>Current</b>	<b>Substance</b>	<b>Date of Last Use:</b>
Depressants (e.g. alcohol)	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Stimulants (e.g. cocaine)	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Narcotics (e.g. Demerol)	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Hallucinogens (e.g. PCP)	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Cannabinoids (e.g. marijuana)	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Other Substances:	<input type="checkbox"/> Yes <input type="checkbox"/> No		

**CURRENT ENVIRONMENTAL STRESSORS:**

<b>Recent or Significant Death</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	Relation(s) to Self:  Date:
<b>Significant Moves:</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	Date(s):  Location(s):
<b>Child Medical Problems:</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	Please Explain:
<b>Family Medical Problems:</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	Please Explain:

<b>Financial Problems:</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	Please Explain:
<b>Safety of Yourself and/or Others:</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	Please Explain:

Other Stressors: \_\_\_\_\_

**PHYSICAL HEALTH & MEDICAL HISTORY:**

Child's Physical Health Status:  Excellent  Good  Fair  Poor

Please list your child's previous medical doctors, diagnoses, and dates of treatment:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your child's current medications:  N/A  Yes:

\_\_\_\_\_ Dose \_\_\_\_\_

\_\_\_\_\_ Dose \_\_\_\_\_

\_\_\_\_\_ Dose \_\_\_\_\_

Has your child ever experienced the following:

Head Injury?  No  Yes (please explain with dates: \_\_\_\_\_)

Concussion?  No  Yes (please explain with dates: \_\_\_\_\_)

Seizure?  No  Yes (please explain with dates: \_\_\_\_\_)

Serious Accident?  No  Yes (please explain with dates: \_\_\_\_\_)

Major Surgery?  No  Yes (please explain with dates: \_\_\_\_\_)

Medical Hospitalizations?  No  Yes (please explain with dates: \_\_\_\_\_)

Medical Problems (Check all that apply for your child):

- |  |  |  |   |  |
|--|--|--|---|--|
| <input type="checkbox"/> AIDS/HIV+           | <input type="checkbox"/> Blood Pressure  | <input type="checkbox"/> Gout          | <input type="checkbox"/> Irritable Bowel    | <input type="checkbox"/> Osteoporosis  |
| <input type="checkbox"/> Allergies           | <input type="checkbox"/> Cirrhosis       | <input type="checkbox"/> Heart Attack  | <input type="checkbox"/> Kidney Disease     | <input type="checkbox"/> Peptic Ulcer  |
| <input type="checkbox"/> Alzheimer's         | <input type="checkbox"/> Cancer          | <input type="checkbox"/> Hepatitis     | <input type="checkbox"/> Lyme Disease       | <input type="checkbox"/> Pleurisy      |
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Crohn's/Colitis | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Lupus              | <input type="checkbox"/> Parkinson's   |
| <input type="checkbox"/> Angina              | <input type="checkbox"/> Dermatitis      | <input type="checkbox"/> Herpes        | <input type="checkbox"/> Meningitis         | <input type="checkbox"/> Sinusitis     |
| <input type="checkbox"/> Asthma              | <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Headaches     | <input type="checkbox"/> Migraine           | <input type="checkbox"/> Stroke        |
| <input type="checkbox"/> Atrial Fibrillation | <input type="checkbox"/> Emphysema       | <input type="checkbox"/> Hyperthyroid  | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Tuberculosis  |
| <input type="checkbox"/> Bronchitis          | <input type="checkbox"/> Epilepsy        | <input type="checkbox"/> Hypothyroid   | <input type="checkbox"/> Obesity            | <input type="checkbox"/> Urinary Tract |

Other Medical Problems (specify): \_\_\_\_\_

LEGAL HISTORY

Present Charges for Parent and/or Child:  Yes  No

Mother (please list charge and date: \_\_\_\_\_)

Father (please list charge and date: \_\_\_\_\_)

Child (please list charge and date: \_\_\_\_\_)

Past Charges for Parent and/or Child:  Yes  No

Mother (please list charge and date: \_\_\_\_\_)

Father (please list charge and date: \_\_\_\_\_)

Child (please list charge and date: \_\_\_\_\_)

Any other current legal concerns? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Is there any other information you would like to share? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_